



At Home

*Making the Most of Living in a Cowboy
Properties Community
Sept. 30, 2022*

Peeping the Leafs

The fall colors are coming out and there are plenty of fall drives across the valley to check out the red and orange maples and yellow aspens across the state.

Logan Canyon

Pick up Highway 89 in Brigham City and take it all the way into Logan Canyon, passing by Utah State University on your left. The canyon is nearly 40 miles long and will take you into Garden City and Bear Lake. The colder weather up here means the colors come out sooner, so do this drive early in the month. There are plenty of opportunities to do some hiking along the way. Some of the more popular hiking trails include the [Tony Grove Nature Trail](#), [Temple Fork Sawmill Trail](#), [Wind Cave Trail](#) and [Riverside Nature Trail](#). If you want something more difficult, try the [Crimson Trail Loop](#).

Big Cottonwood Canyon

Just 25 minutes away from Downtown Salt Lake, to get there take the I-215 belt route and follow the signs to Brighton and Solitude ski areas (SR-190). The canyon spans 14 miles to the loop at Brighton. Pack a lunch and stop at one of the picnic areas along the way. [Donut Falls](#), one of the most popular family-friendly hikes in the valley, is about nine miles up the canyon. A wide variety of trails begin at Brighton, including the popular [Lake Mary Trail](#), and continue on to Lake Martha and Lake Catherine. If you want a more difficult trail, [Lake Blanche](#) begins at the 'S' curve and has a 2,800 foot elevation gain over the nearly 7-mile trail. There is a [wildfire mitigation project](#) going on through mid-October which may create traffic delays.

Starbucks Giveaway

We're giving away three \$50 Starbucks gift cards! Pick up your favorite fall-themed drink before heading out on your drive. [Click here to enter the giveaway.](#)

Guardsman Pass

About a mile before you hit the Brighton loop up Big Cottonwood Canyon, make a hard left to take Guardsman Pass. The road travels 11 miles, going through Deer Valley Resort and down into Park City. Alternatively, from Park City take Deer Valley Dr. to Marsac Ave. and follow the road to Guardsman Pass. Get an early start and watch the sunrise at Guardsman Pass Overlook, located four miles from Brighton. A popular trail along the route is [Bloods Lake](#) and continue on the trail to [Lackawaxen Lake](#) or [Clayton Peak](#).

Alpine Loop

Alpine Loop connects American Fork Canyon and Provo Canyon. Take I-15 South to Lehi and exit 284 (SR-92, Timpanogos Hwy.), using the left three lanes and take the road straight into the canyon. Stop and hike [Stewart Falls](#) near Aspen Grove, a 200-foot tiered waterfall. [Sundance Resort](#) hosts scenic lift rides and Halloween-themed rides. On your way out of the canyon, stop at [Bridal Veil Falls](#).

Nebo Loop

A 38-mile byway around Mount Nebo between Payson and Nephi. Travel south on I-15 to Payson, exiting at 800 S. Make a right onto 600 E to get onto Nebo Loop Rd. Make stops at [Grotto Falls](#) or [Salt Creek Falls](#).

Events of the Week

[True Crime Walking Tour](#)

10 Exchange Place, Salt Lake City

Friday, Sept. 30 (7 PM - 8:30 PM)

Sunday, Oct. 2 (1 PM - 2:30 PM, 3:30 PM - 5 PM)

[Fall Bonsai Show](#)

Red Butte Garden, Salt Lake City

Saturday, Oct. 1 and Sunday, Oct. 2.

Assistance Resources

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with [Flex](#) to give you flexibility in how you pay your rent.

[Housing Assistance](#)

rentrelief.utah.gov

[General Assistance \(Utilities, Food, Housing\)](#)

utahca.org/housing/ or call (801) 359-2444
211utah.org/ or call 211

[Utah Department of Workforce Services Resources](#)

jobs.utah.gov/

[Food Resources, and Mobile Food Pantry Dates and Locations](#)

slc.gov/sustainability/food-covid/
utahfoodbank.org/programs/mobile-pantry/feedut.org/