



# At Home

Making the Most of Living in a Cowboy  
Properties Community  
Feb. 10, 2023

## Unique Date Ideas

You should never date a tennis player because love means nothing to them. If you need a new idea for date night, give these ideas a try. Single? Get a friend or two together and go as a group.

[The Kreative Kiln \(Pleasant Grove\)](#)  
[Cottonwood Clay Studio \(Midvale\)](#)  
[Petersen Art Center \(SLC\)](#)

Channel your inner Demi Moore and Patrick Swayze by learning how to make pottery.

[Harmons Grocery Cooking School \(Multiple Locations\)](#)  
[Mindful Cuisine \(Park City\)](#)  
[Gygi \(SLC\)](#)

Cooking classes are offered regularly featuring a wide variety of cuisine, including hands-on classes like pasta making or cake decorating.

[All-Star Bowling & Entertainment](#)

More than just bowling, they offer escape rooms, bumper cars, laser tag and mini golf along with an arcade. Four locations in the valley (West Valley, Draper, Sandy, West Jordan)

[University of Utah South Physics Observatory](#)

Open on Wednesday nights for star parties when the sky is clear. They'll help you view stars, planets and other astronomical objects.

[Learn to Curl \(Kearns\)](#)

If you've enjoyed watching curling in the Olympics, give the sport a try with introductory classes.

## Giveaway!

We're giving away three \$50 gift cards, one each to All-Star Bowling, Smash it Rage Rooms and Rocky Mountain Axe Throwing. To enter, [click here](#).

[Smash it Rage Rooms \(SLC and Ogden\)](#)

Got some rage or anger you'd like to get out? Spend some time smashing up old electronics. Even better, you can bring your broken or old electronics or glass to smash up. This might be particularly satisfying to that printer that constantly says 'paper jam.'

[Social Axe Throwing \(SLC and Ogden\)](#)  
[Rocky Mountain Axe Throwing \(Midvale\)](#)  
[Axe N Smash \(South Jordan and American Fork\)](#)  
[Heber Hatchets \(SLC and Provo\)](#)

Summon your inner lumberjack! You'll love the thrill of throwing sharp objects.

[Gem Studio \(SLC, Park City and Provo\)](#)  
[Handmake Jewelry \(Draper\)](#)

Make a one-of-a-kind jewelry creation.

[Community Woodshop \(SLC\)](#)  
[Small Project Woodturning \(Pleasant Grove\)](#)

Learn how to make a wooden bowl, butcher block cutting board and more with a woodworking class.

[DF Dance Studio \(SLC\)](#)

Learn dances from salsa to swing to hip hop. Take a group dance class, stop by a dance party or try a private lesson if you'd like to learn something for a special event.

## Events of the Week

[All Star Monster Trucks](#)

Feb. 10-11, 2023

Maverick Center (3200 S Decker Lake Dr, West Valley City)  
Held three times over Friday and Saturday. Tickets start at \$25.

[Chocolate Lovers Festival](#)

Feb. 11, 2023, 9 AM - 4:30 PM

Solitude Mountain Resort (12000 Big Cottonwood Canyon Rd., Solitude)  
Grab a passport outside Last Chance or Moonbeam Lodge.

## Assistance Resources

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with [Flex](#) to give you flexibility in how you pay your rent.

**General Assistance (Utilities, Food, Housing)**

[utahca.org/housing/](https://utahca.org/housing/) or call (801) 359-2444  
[211utah.org/](https://211utah.org/) or call 211

**Power & Gas Assistance**

<https://www.utahca.org/heat/>

**Utah Department of Workforce Services Resources**

[jobs.utah.gov/](https://jobs.utah.gov/)

**Food Resources, and Mobile Food Pantry Dates and Locations**

[slc.gov/sustainability/food-covid/](https://slc.gov/sustainability/food-covid/)  
[utahfoodbank.org/programs/mobile-pantry/](https://utahfoodbank.org/programs/mobile-pantry/)  
[feedut.org/](https://feedut.org/)