



# At Home

Making the Most of Living in a Cowboy  
Properties Community  
May 4, 2023

## May The Forest Be With You

These boots were made for hiking. While the snow melts at the upper elevations, check out these lower elevation hikes for spring.

### Lagoon Trail

The trail follows Farmington Creek through a forest while skirting along the back of Lagoon amusement park. Round trip the trail is 2.6 miles and is also good for biking. Access the trail from Ezra T. Clark Park (400 W State Street, Farmington).

### Ensign Peak

A classic one-mile hike with an amazing view of the valley. The well-marked trail head is located above the Capitol at 164 Ensign Vista Dr. (Salt Lake City).

### Living Room Trail

It's called The Living Room because the rocks have been arranged to resemble living room chairs. This is a great place to watch the sunset from. The moderate hike is 2.5 miles round trip. The trail begins at the top of the University of Utah's Research Park, 383 Colorow Rd.

### Bear Canyon Suspension Bridge

The bridge spans 185 feet across Bear Canyon and connects the Bonneville Shoreline Trail. Find the trail at Orson Smith Park (12625 Highland Dr., Draper).

### Battle Creek Falls

A quick 1.5 mile hike to a 50-foot waterfall. The trail head has plenty of parking at 1800 E 200 S, Pleasant Grove.

## Household Hacks

Cinco de Mayo celebrates the Mexican army's victory over the French at the Battle of Puebla. Celebrate the traditions of Mexico with these local events!

### Cinco de Rhino

Hogle Zoo

Friday, May 5; 6:30 - 9:30 PM

Rhino-themed fun, traditional Mexican dishes and live music and entertainment.

### Draper's Cinco de Mayo Festival

Draper Park (12500 S 1300 E)

Friday, May 5; 6 - 8:30 PM

Food trucks, face painting, jalapeno eating contest, photo opportunities, entertainment.

### Cinco de Mayo Fiesta

Millcreek Common (1354 E Chambers Ave.)

May 5, 6-10 PM; May 6, 11 AM - 10 PM

Music, food, pinatas, kids crafts and more!

### Mr. Capone-E Live Cinco De Mayo SLC

Friday, May 5; 7 PM - 1:30 AM

Sugar Space Arts Warehouse (132 S 800 W, Salt Lake City)

### Cinco de Mayo Party

Pendry Park City (2417 W High Mountain Rd.)

Friday, May 5; 5 - 10 PM

Located in Canyons Village. Experience traditional Mexican cuisine along with live music from Rumba Libre.

### Cinco de Mayo DJ Dance Party

Club 90 (9065 Monroe St, Sandy)

Friday, May 5, 7 - 1 AM

## Events of the Week

### Train Day

This Is The Place (2601 E Sunnyside, Ave., Salt Lake City)

Come celebrate the anniversary of the joining of the first Transcontinental Railroad.

### Starry Nights at The Plaza

Centennial Plaza (2600 W Taylorsville Blvd., Taylorsville)

Food trucks and live music and performances every Friday through September.

## Assistance Resources

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with [Flex](#) to give you flexibility in how you pay your rent.

### General Assistance (Utilities, Food, Housing)

[utahca.org/housing/](https://utahca.org/housing/) or call (801) 359-2444  
[211utah.org/](https://211utah.org/) or call 211

### Power & Gas Assistance

<https://www.utahca.org/heat/>

### Utah Department of Workforce Services Resources

[jobs.utah.gov/](https://jobs.utah.gov/)

### Food Resources, and Mobile Food Pantry Dates and Locations

[slc.gov/sustainability/food-covid/](https://slc.gov/sustainability/food-covid/)  
[utahfoodbank.org/programs/mobile-pantry/](https://utahfoodbank.org/programs/mobile-pantry/)  
[feedut.org/](https://feedut.org/)