



# At Home

Making the Most of Living in a Cowboy Properties Community  
July 7, 2023

## Memories on Every Plate

I went to an Indian restaurant last night for some garlic bread but they had naan. Want to know about the newest local restaurants and best dishes to try? Check out these resources.

### [Gastronomic SLC](#)

Subscribe to their free newsletter (either daily or weekly) to get the latest right in your inbox.

### [Utah Eats Newsletter](#)

A free weekly newsletter through The Salt Lake Tribune.

### [Utah Grubs](#)

Their social media accounts take you to restaurants throughout the state. Download the Utah Grub Club app for access to exclusive restaurant discounts. Also on [Tiktok](#).

### [SLC Foodie](#)

Finding delicious eats in Salt Lake, Park City, Provo and Ogden. Also on [Tiktok](#).

### [Mile High Food Fairy](#)

You'll love this account if you have a sweet tooth and love ramen or boba tea. She used to live in Denver, accounting for the 'Mile High' part of her handle. Also on [Tiktok](#).

## Ninja Creami Giveaway

We're giving away a Ninja Creami ice cream maker! [Click here to enter](#).

You must be a current resident of a Cowboy Properties community to win. One entry per person. Winners will be notified by email. All entries must be in by 8 AM MT on Thursday, July 13.

## Cowboy Pledge Update

Thanks to everyone who joined us to pick up trash along the Jordan River Parkway for our June event. We are glad to participate in keeping our community and waterways clean for the enjoyment of all.

For our July event, we will be collecting school supplies to fill backpacks for students for Utah Refugee Connection. Collection bins will be in your community's clubhouse or office through July 24.

The following new supplies in neutral colors have been requested:

- Backpacks
- Spiral notebooks
- Lined paper
- 1 or 1 1/2 inch binder
- Wooden pencils
- Pens
- 24 count crayons
- 12 count colored pencils
- Pencil sharpener
- Blunt nose scissors
- Eraser
- Glue stick

Join us to sort and fill backpacks on Thursday, July 27 at 6:30 PM at Liberty Blvd. Apartments (455 S 700 E, Salt Lake City). To volunteer, please contact Cowboy Properties at 801-424-4400 or email us at [cowboypledge@cowboyproperties.com](mailto:cowboypledge@cowboyproperties.com).

## Events of the Week

### [Draper Days](#)

July 7-15

Pickleball tournament, 5k race, strider bike race, movie night, concerts, parade, fireworks, car show.

### [Wasatch Wildflower Festival](#)

July 8, Brighton Ski Resort

July 9, Solitude Mountain Resort

Celebrating the wildflowers in the Wasatch Mountains. The Festival begins at 9 AM each day and the last guided walk leaves at 1 PM.

## Assistance Resources

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with [Flex](#) to give you flexibility in how you pay your rent.

### [General Assistance \(Utilities, Food, Housing\)](#)

[utahca.org/housing/](http://utahca.org/housing/) or call (801) 359-2444

[211utah.org/](http://211utah.org/) or call 211

<https://jobs.utah.gov/assistance/index.html>

### [Power & Gas Assistance](#)

<https://www.utahca.org/heat/>

### [Utah Department of Workforce Services Resources](#)

[jobs.utah.gov/](http://jobs.utah.gov/)

### [Food Resources, and Mobile Food Pantry Dates and Locations](#)

[slc.gov/sustainability/food-covid/](http://slc.gov/sustainability/food-covid/)

[utahfoodbank.org/programs/mobile-pantry/](http://utahfoodbank.org/programs/mobile-pantry/)

[feedut.org/](http://feedut.org/)