



# At Home

Making the Most of Living in a Cowboy  
Properties Community  
Nov. 17, 2023

## 30 Minute Meals

It's not only the most wonderful time of the year, it's also one of the most stressful times of the year. These recipes will help you get dinner on the table quickly.

[One-Pot Chicken Spaghetti](#)

[15-Minute Microwave Meat Loaf](#)

[Ground Turkey Sweet Potato Skillet](#)

[Easy Pad Thai](#)

[Sesame Chicken](#)

[Sheet-Pan Gnocchi](#)

[Fast Baked Fish](#)

[Cheeseburger Salad](#)

[One-Pot Chicken, Bacon and Ranch Pasta](#)

[Chicken Marsala](#)

[Pizza Pasta Skillet](#)

[Taco Soup](#)

[Easy Lasagna](#)

[Crescent Chili Bake](#)

[Creamy Spinach and Red Pepper Chicken](#)

[Sloppy Joe Casserole with Dinner Rolls](#)

## Turning Spaces into Warm Embraces

We recently asked what household items that you would recommend to your fellow residents. Answers may be edited for length or clarity.

### Desktop Vacuum Cleaner

Great for picking up crumbs and other small messes on your desk and countertops. Jennifer at Liberty Center uses hers to sweep up beard hairs from off the bathroom counter.



### Snail Soap Dispenser

Rowan at Liberty Citywalk says "it's extremely cute, relatively cheap, and brings me joy every time I use it."

### Storage Ottoman

This storage ottoman comes in a variety of colors and sizes. Maren at Liberty Sky says that it's great for extra blankets.



### Over The Door Laundry Drying Rack

Get extra clothes drying options without requiring any extra floor space. Michael at Liberty Peak says that "it can be hung over any door at a moment's notice and it's also easy to store away when not using it."

## Events of the Week

[Utah Cheese Awards Tasting Reception](#)

Nov. 18, 1 PM - 4:30 PM

Beehive Distilling (2245 S W Temple St, South Salt Lake)

Support awareness of the great cheeses made locally.

[Herriman Holiday Marketplace](#)

Nov. 17-18

Athlos Academy (12309 Mustang Trail Way)

Food trucks, entertainment and shopping for all of your gift giving needs.

## Assistance Resources

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with [Flex](#) to give you flexibility in how you pay your rent.

## General Assistance (Utilities, Food, Housing)

[utahca.org/housing/](http://utahca.org/housing/) or call (801) 359-2444

[211utah.org/](http://211utah.org/) or call 211

<https://jobs.utah.gov/assistance/index.html>

## Power & Gas Assistance

<https://www.utahca.org/heat/>

## Utah Department of Workforce Services Resources

[jobs.utah.gov/](http://jobs.utah.gov/)

## Food Resources, and Mobile Food Pantry Dates and Locations

[slc.gov/sustainability/food-covid/](http://slc.gov/sustainability/food-covid/)

[utahfoodbank.org/programs/mobile-pantry/feedut.org/](http://utahfoodbank.org/programs/mobile-pantry/feedut.org/)