

# At Home

Making the Most of Living in a Cowboy
Properties Community
Nov. 3, 2023

#### Much Ado About Stuffing

Ready to make your Thanksgiving stress-free and delicious? Check out the below places that will help with the cooking.

#### Harmon's Complete Turkey Dinner

Vessel Kitchen Everything But the Bird Bundles

Whole Foods

Cracker Barrel

Costco

Buca di Beppo

**Snider Bros Meats** 

Gourmandise

R&R Barbecue

Golden Corral

Brio Italian Grille

La Jolla Groves

Harry & David

Omaha Steaks

Chuck-A-Rama

Honey Baked Ham

Hello Fresh

# Run Like a Beast Before You Feast

Whether you choose to walk or run, work up an appetite with these Thanksgiving morning races.

#### Utah Human Race 5k/10k

Benefits the Utah Food Bank Sandy Promenade (10085 S Centennial Parkway)

#### Runtastic Thankful 13

5k, 10k, Half Marathon, Kids run Thanksgiving Point (2912 Executive Pkwy, Lehi)

#### Cottonwood Heights Thanksgiving Day 5k

Cottonwood Heights Recreation Center (500 S 2700 E, Cottonwood Heights)

#### Turkey Trot 5k

Lone Peak Park (10140 S 700 E, Sandy)

#### South Davis Thanksgiving Day Races

5k, 10k, 1k

South Davis Recreation Center (550 N 200 W, Bountiful)

#### **Provo Turkey Trot**

Benefits United Way of Utah 5k, 1 mile fun run

#### Earn Your Turkey

4 mile, 2 mile, kids races Orem Community Park Pavilion (581 W 165 S)

# **Events of the Week**

#### Intermountain Train Expo

Nov. 3-4

Davis Conference Center (1651 N 700 W, Layton)

Utah's premiere hands-on model railroad show.

#### Cirque Italia Water Circus

Nov. 3-5

White Ball Park (1055 W North Temple, SLC) Go on a journey through storms on the high seas, dreams of angelic aerialists, pirate fights, and more.

# **Assistance Resources**

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with Flex to give you flexibility in how you pay your rent.

# General Assistance (Utilities, Food, Housing)

utahca.org/housing/ or call (801) 359-2444 211utah.org/ or call 211 https://jobs.utah.gov/assistance/index.html

## Power & Gas Assistance

https://www.utahca.org/heat/

## <u>Utah Department of Workforce Services</u> <u>Resources</u>

jobs.utah.gov/

# Food Resources, and Mobile Food Pantry Dates and Locations

slc.gov/sustainability/food-covid/ utahfoodbank.org/programs/mobile-pantry/ feedut.org/