



At Home

*Making the Most of Living in a Cowboy
Properties Community
Jan. 19, 2024*

Tube In, Tube Out

Snowflakes dancing in the crisp winter air, a dazzling blanket of snow covering the landscape – it's the perfect setting for an exhilarating snow tubing escapade! Check out these local tubing hills.

[Woodward Park City](#)

9 AM - 7 PM Daily

3863 Kilby Rd, Park City

Woodward is the closest formal tubing location to Salt Lake and has both longer and shorter hills for children ages 3-5 (children must be able to ride their own tube, no lap riding). Sessions are two hours long and access begins 10 minutes before your start time. They often sell out on weekends and holidays so book early to get your preferred dates or times. Warm up after tubing at their Indoor Action Sports Hub featuring trampolines, foam pits, mini ramps and more!

[Wasatch Parc](#)

Regular hours are 11 AM - 5 PM (10 AM - 4 PM Sundays). Closed Tuesdays and Thursdays.

3567 Nordic Valley Way, Eden

This bobsled-style track provides a unique tubing experience. Kids must be at least 42" tall. No lap or double riding is allowed.

[Soldier Hollow Nordic Center](#)

10 AM - 8 PM Daily

2002 Soldier Hollow Lane, Midway

Tubing is available in two-hour increments. Children under 3 years old are not permitted and lap tubing is not allowed. Pair this activity with the [Ice Castles](#), located at the same venue! Use code Cowboy15 for 15% off tickets.

Cowboy Pledge Update

The Cowboy Pledge team would like to express its thanks to each of you for your commitment to our causes. Through your generous efforts we have donated hundreds of items to area schools, shelters and food banks.

This month, we encourage you to check out a local organization to give your time to. Below are links for several resources and organizations looking for assistance and check out the poster in your communities for information on additional opportunities.

[Utah Refugee Connection](#)

Opportunities include service projects, youth mentors and youth tutors.

[Utah Food Bank](#)

Projects may include sorting food donations, assembling food boxes, repackaging bulk food or labeling food for distribution. They are also looking for volunteers to deliver food boxes.

[Adopt A Native Elder](#)

Volunteer at their warehouse packing food boxes, packing medical boxes and many more activities.

[Catholic Community Services](#)

A wide variety of opportunities from assisting youth, food pantry volunteers and basic need assistance.

[People Helping People](#)

Assist low-income women with seeking successful employment.

Events of the Week

[Four Continents Speed Skating Championships](#)

Olympic Oval (5662 Cougar Ln., Kearns)

Jan. 19-21

The top skaters from North America, South America, Asia and Oceania face off for world championship titles. Visit the Fan Zone and try speed skating for free and other fun activities.

[Solitude Nordic Nights](#)

12000 Big Cottonwood Canyon, Solitude

Jan. 20, 6 PM - 9 PM

Ski or snowshoe as torches guide the way.

Assistance Resources

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with [Flex](#) to give you flexibility in how you pay your rent.

[General Assistance \(Utilities, Food, Housing\)](#)

utahca.org/housing/ or call (801) 359-2444

211utah.org/ or call 211

<https://jobs.utah.gov/assistance/index.html>

[Power & Gas Assistance](#)

<https://www.utahca.org/heat/>

[Utah Department of Workforce Services Resources](#)

jobs.utah.gov/

[Food Resources, and Mobile Food Pantry Dates and Locations](#)

<https://www.utahfoodbank.org/programs/mobile-pantry/>

<https://www.utahca.org/nutrition/>