



# At Home

Making the Most of Living in a Cowboy  
Properties Community  
Jan. 26, 2024

## Life Begins At Night

If you need a new idea for a night out, give these ideas a try.

[The Kreative Kiln \(Pleasant Grove\)](#)  
[Cottonwood Clay Studio \(Midvale\)](#)  
[Petersen Art Center \(SLC\)](#)  
[Salt Lake Pottery Studio \(SLC\)](#)

Channel your inner Demi Moore and Patrick Swayze by learning how to make pottery.

[Harmons Grocery Cooking School \(Multiple Locations\)](#)  
[Mindful Cuisine \(Park City\)](#)  
[Gygi \(SLC\)](#)

Cooking classes are offered regularly featuring a wide variety of cuisine, including hands-on classes like pasta making or cake decorating.

## All-Star Bowling & Entertainment

More than just bowling, they offer escape rooms, bumper cars, laser tag and mini golf along with an arcade. Four locations in the valley (West Valley, Draper, Sandy, West Jordan)

## University of Utah South Physics Observatory

Open on Wednesday nights for star parties when the sky is clear. They'll help you view stars, planets and other astronomical objects.

## Learn to Curl (Kearns)

If you've enjoyed watching curling in the Olympics, give the sport a try with introductory classes.

## DF Dance Studio (SLC)

Learn dances from salsa to swing to hip hop.

## Giveaway!

We're giving away three \$100 Visa gift cards to fund your night out adventures! You must be a current resident of a Cowboy Properties community to win. One entry per person. Winners will be notified by email. All entries must be in by 8 AM MT on Thursday, Feb. 1. To enter, [click here](#).

[Smash it Rage Rooms \(SLC and Ogden\)](#)  
[Axe N Smash \(South Jordan, American Fork, Layton\)](#)

Got some rage or anger you'd like to get out? Spend some time smashing up old electronics. Even better, you can bring your broken or old electronics or glass to smash up. This might be particularly satisfying to that printer that constantly says 'paper jam.'

[Social Axe Throwing \(SLC and Ogden\)](#)  
[Rocky Mountain Axe Throwing \(Midvale\)](#)  
[Axe N Smash \(South Jordan, American Fork, Layton\)](#)

[Heber Hatchets \(SLC and Provo\)](#)  
Summon your inner lumberjack! You'll love the thrill of throwing sharp objects.

[Gem Studio \(SLC, Park City and Provo\)](#)  
[Handmake Jewelry \(Draper\)](#)  
[Salty Jewelry \(Bluffdale\)](#)

Make a one-of-a-kind jewelry creation.

[Community Woodshop \(SLC\)](#)  
[Small Project Woodturning \(Pleasant Grove\)](#)  
Learn how to make a wooden bowl, butcher block cutting board and more with a woodworking class.

## Events of the Week

### [Fire and Ice](#)

Shops at Riverwoods (4801 N. University Ave, Provo)  
Jan. 26, 4 PM - 8 PM  
Live entertainment, ice sculptures, cozy fires and a fireworks show.

### [DinoFest](#)

Natural History Museum of Utah (301 Wakara Way, Salt Lake City)  
Jan. 27-28  
Celebrating all things dinosaurs.

## Assistance Resources

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with [Flex](#) to give you flexibility in how you pay your rent.

## General Assistance (Utilities, Food, Housing)

[utahca.org/housing/](https://www.utahca.org/housing/) or call (801) 359-2444  
[211utah.org/](https://211utah.org/) or call 211  
<https://jobs.utah.gov/assistance/index.html>

## Power & Gas Assistance

<https://www.utahca.org/heat/>

## Utah Department of Workforce Services Resources

[jobs.utah.gov/](https://jobs.utah.gov/)

## Food Resources, and Mobile Food Pantry Dates and Locations

<https://www.utahfoodbank.org/programs/mobile-pantry/>  
<https://www.utahca.org/nutrition/>