



# At Home

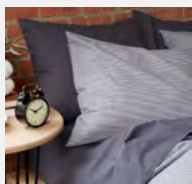
Making the Most of Living in a Cowboy Properties Community  
March 1, 2024

## Mattress Monologues

Bed 'happiness attacks' are going viral on Tiktok, described as the happiness you feel when you settle into the coziness of your bed at the end of the day. Check out these items to upgrade your sleep space.

### [Bedsure Fleece Microfiber Blanket](#)

Comes in 28 different colors (shown in navy) and several different sizes from throw blanket to king size.



### [Brooklinen Classic Percale Core Sheet Set](#)

Percale is a style of weaving that results in highly breathable fabric.

## Coop Home Goods

### [Adjustable Full Body Pillow](#)

Many people turn to body pillows during pregnancy, but they can also be helpful for side and stomach sleepers or those with joint pain.



### [Buffy Cloud Comforter](#)

Hypoallergenic all-season duvet insert.

## Resident Survey Thank You!

Thank you to everyone who took the time to fill out our resident survey! We appreciate you taking the time to help us learn more about how we can make your experience living in a Cowboy Properties community better. Congratulations to our winners from Liberty Peak and Liberty Gateway. [We want to continue to welcome your feedback, click here to take our Resident Survey.](#)

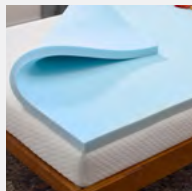
## Cowboy Pledge Update

Thank you for taking the time to donate to our book drive! We collected almost 500 books for the book lending library at [Habitat for Humanity ReStore](#), located at 1276 S 500 W, Salt Lake City. Customers can take up to five books per person per visit.

Be on the lookout for our March activity!

### [Gel Infused Memory Foam Mattress Topper](#)

Conforms to your body to hug you to sleep. Use it to rejuvenate an old mattress or soften a too-hard mattress.



### [Luna Weighted Blanket](#)

Deep pressure stimulation is thought to stimulate serotonin, increase melatonin and reduce stress.

## Events of the Week

### [A Mardi Gras Family Night](#)

Discovery Gateway Children's Museum (444 W 100 S, Salt Lake City)  
March 1, 6 PM - 8 PM  
Dress up in festive colors, create masks and shoebox floats, and check out the Scales & Tails reptile show.

### [Salt Lake Off-Road & Outdoor Expo](#)

Mountain America Expo Center (9575 State St, Sandy)  
March 1-2  
Check out cool stuff and get great deals!

## Assistance Resources

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with [Flex](#) to give you flexibility in how you pay your rent.

## General Assistance (Utilities, Food, Housing)

[utahca.org/housing/](https://utahca.org/housing/) or call (801) 359-2444  
[211utah.org/](https://211utah.org/) or call 211  
<https://jobs.utah.gov/assistance/index.html>

## Power & Gas Assistance

<https://www.utahca.org/heat/>

## Utah Department of Workforce Services Resources

[jobs.utah.gov/](https://jobs.utah.gov/)

## Food Resources, and Mobile Food Pantry Dates and Locations

<https://www.utahfoodbank.org/programs/mobile-pantry/>  
<https://www.utahca.org/nutrition/>