



# At Home

Making the Most of Living in a Cowboy  
Properties Community  
May 3, 2024

## Get Ready to Salsa!

We're spicing things up with some serious salsa moves and margarita grooves for Cinco de Mayo! Whether you're celebrating with tacos or tequila, remember to party responsibly.

## [Viva el Mariachi](#)

Peteetneet Amphitheater (10 S 600 E, Payson)  
Friday, May 3, 5 PM - 9 PM  
Music including Yunuen Carrillo, 'Chula' Figueroa and Mariachi Mexico de Utah, as well as authentic food and booths.

## [Cinco de Mayo Brunch and Otherworld Party](#)

Sunday, May 5, 11 AM  
Flanker Kitchen/Tipsy Flamingo (6 N Rio Grande St., Salt Lake City)  
Enjoy authentic flavors, live mariachi music and the beats of Latin DJ Ponte for brunch, and move to the Tipsy Flamingo for an Otherworld party from 2 - 7 PM featuring indie dance, house, and techno music with tropical, Latin, and Afro-inspired vibes from SVV3N.

## [Cinco de Mayo Fiesta](#)

Saturday, May 4, 4 PM - 10 PM  
Millcreek Common (1354 E Chambers Ave, Millcreek)  
Enjoy lowrider cars, great food, crafts, pinatas, a giant loteria, music, dance, mariachi, face painting, lucha libre, and free skate admission!

## [Cinco de Sidra](#)

Sunday, May 5, Noon - 10 PM  
Scion Cider Bar (916 S Jefferson St W, Salt Lake City)  
Fun and games, live music and festive food.

## Gift Card Winners

Thanks to everyone who took the time to enter our gift card giveaway! We loved hearing about the things you are looking forward to in the coming months. Congratulations to our winners from Liberty Commons and The Ridge. Continue to read At Home for future giveaways!

## Small Space Sculpt

Turn your apartment into your own personal fitness studio with this apartment-friendly workout from [MadFit](#). Do each exercise twice as a superset, 45 seconds on with 15 seconds of rest throughout the 20-minute workout. Follow along with the video [here](#) if you need instructions or modifications.

Double Pulse Squat; Calf Raise Toe Touch  
Modified Burpee; Double Pulse Reverse Lunge  
Push Ups; Elbow to Knee Crunches  
Mountain Climbers; Glute Bridges  
Triceps Dips; Sumo Squat with Rise

## [Draper Cinco de Mayo Festival](#)

Saturday, May 4, 6 PM - 8:30 PM  
Draper City Park (12500 S 1300 E, Draper)  
Free with music and fun for the whole family.

## [Ogden Cinco de Mayo](#)

Saturday, May 4, 11 AM - 5 PM  
Ogden Amphitheater (343 E 25th St, Ogden)  
Car show, live music, kids carnival, food trucks, beer stand and more!

## Events of the Week

### [May the Fourth Be With You](#)

May 4, 4 PM - 7 PM  
Clark Planetarium (110 S 400 W, Salt Lake City)  
Feel the force awaken with free activities and photo opportunities with some of your favorite Star Wars characters.

### [Creative Collective](#)

May 3, 2 PM - 7 PM  
975 S West Temple, Salt Lake City  
Featuring over 40 local small businesses, artists, makers and curators. Enter giveaways all day to win prizes. Free to attend.

## Assistance Resources

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with [Flex](#) to give you flexibility in how you pay your rent.

## General Assistance (Utilities, Food, Housing)

[utahca.org/housing/](https://utahca.org/housing/) or call (801) 359-2444  
[211utah.org/](https://211utah.org/) or call 211  
<https://jobs.utah.gov/assistance/index.html>

## Power & Gas Assistance

<https://www.utahca.org/heat/>

## Utah Department of Workforce Services Resources

[jobs.utah.gov/](https://jobs.utah.gov/)

## Food Resources, and Mobile Food Pantry Dates and Locations

<https://www.utahfoodbank.org/programs/mobile-pantry/>  
<https://www.utahca.org/nutrition/>