



# At Home

Making the Most of Living in a Cowboy  
Properties Community  
July 5, 2024

## Cowboy Pledge Update

Thanks to everyone who joined us for our June Cowboy Pledge event as we worked along the Jordan River with Salt Lake City Department of Public Lands installing six beaver cages. These cages help protect young trees by the Jordan River and allows them to grow and help sustain the habitat there.

Join us for our July event as we collect school supplies for the Utah Refugee Connection. Supplies needed include:

- Spiral Notebooks
- Composition Books
- 2 Pocket Folders
- Blunt Nose Scissors
- Pencils
- Pencil Sharpeners
- 24 Count Crayons
- 12 Count Colored Pencils
- Highlighters
- Glue Sticks
- Backpacks

Items should be new and preferably in neutral colors.

Join us on Thursday, July 18 at Liberty Center Apartments (35 N 300 W, Provo) at 6 PM as we put together school supply packs. Refreshments will be served. RSVP at 801-424-4400 or [cowboypledge@cowboyproperties.com](mailto:cowboypledge@cowboyproperties.com).

## Indulge in Frozen Bliss

Cool off with one of these sweet summer treats.

[Classic Pudding Pops](#)

[Berry Cherry Frozen Yogurt Bites](#)

[No-Bake Orange Vanilla Cheesecake Bars](#)

[Eclair Cake](#)

[Frozen Peanut Butter Cup Pie](#)

[Dole Whip](#)

[Ice Cream Sandwich Cake](#)

[Grilled Peaches](#)

[No-Bake Cheesecake](#)

[Tahini Chocolate Shake](#)

[Fresh Strawberry Pie](#)

[Watermelon Pie](#)

[Blueberry Cheesecake Icebox Cake](#)

[Rose Sangria Floats](#)

[Aperol Spritz Trifles](#)

[Banana Pudding](#)

## Events of the Week

[Gem Faire](#)

July 5-7

Mountain America Expo Center (9575 State St., Sandy)

Quality gems, beads, crystals, minerals, findings and earth's treasures.

[Balloon Fest](#)

July 5-6

Fox Field (1100 N Freedom Blvd, Provo)

Balloons fly from 6 AM - 8 AM and see Balloon Glow on Friday evening from 8:30 PM - 10:30 PM.

## Assistance Resources

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with [Flex](#) to give you flexibility in how you pay your rent.

**General Assistance (Utilities, Food, Housing)**

[utahca.org/housing/](http://utahca.org/housing/) or call (801) 359-2444

[211utah.org/](http://211utah.org/) or call 211

<https://jobs.utah.gov/assistance/index.html>

**Power & Gas Assistance**

<https://www.utahca.org/heat/>

**Utah Department of Workforce Services**

**Resources**

[jobs.utah.gov/](http://jobs.utah.gov/)

**Food Resources, and Mobile Food Pantry Dates and Locations**

<https://www.utahfoodbank.org/programs/mobile-pantry/>

<https://www.utahca.org/nutrition/>