



# At Home

Making the Most of Living in a Cowboy  
Properties Community  
Sept. 6, 2024

## Feast on the Flavors

Eat your way through the city at these local festivals known for their cuisine.

### Utah State Fair

Through Sept. 15  
Utah State Fairpark (155 N 1000 W; SLC)  
Funnel cakes, corndogs and more at the annual state fair. Sept. 5-7 participate in the Food Fair Fight and help crown the 2024 Fair Food Champion. Cool off with the Ice Cream Festival on Sept. 9 with all-you-can-eat ice cream for \$5. Grab a beef tenderloin steak sandwich on Sept. 13 for the Utah Beef Council Beef Feast.

### Greek Festival

Sept. 6-8  
Holy Trinity Cathedral (279 S 300 W; SLC)  
Gyros, Greek chicken, dolmatoes, pastichio (greek lasagna), souvlaki, spanakopita and more. Don't forget dessert - baklava, loukoumathes and more.

### SLC VegFest

Sept. 14, Noon - 8 PM  
Library Square (200 E 400 S; SLC)  
Enjoy vegan food from local restaurants, bakeries and other vendors. Live music, beer garden, kids area.

### Festa Italiana

Sept. 14-15  
The Gateway (400 W 200 S; SLC)  
Includes food booths highlighting the regions of Italian cuisine, Italian beer and wine, entertainment.

## Autumn Vibes

The thermometer may still say 90 degrees but our Pumpkin Spice Latte says we're ready for fall. Check out these items to bring the season into your home.

### Mini Glass Pumpkins

This adorable set comes in purple, orange and speckled.



### Fall Welcome Wreath

This artificial fall wreath is made of small size pumpkins, autumn leaves and berry clusters.

### Lighted Fall Leaves Garland

Fun accessory for door frames, windows and railings.



### Pumpkin Spice Doormat

Made of coir, which is great for scraping shoes clean.

### Pumpkin Chai Candle

Featuring a blend of wild pumpkin, spicy masala chai, cardamom, ginger, and cinnamon.



## Events of the Week

### Real Salt Lake Brews and Boos

Sept. 7  
America First Field (9256 S State St., Sandy)  
Activities on the plaza, movies on the pitch, local craft ciders, local food and dessert trucks, and more!

### Spirit of Polynesia

Sept. 7  
Draper Amphitheater (944 Vestry Rd., Draper)  
Live music, hula, fire dancing, traditional dance poi balls, haka, singing, stories and more.

## Assistance Resources

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with [Flex](#) to give you flexibility in how you pay your rent.

### General Assistance (Utilities, Food, Housing)

[utahca.org/housing/](https://utahca.org/housing/) or call (801) 359-2444  
[211utah.org/](https://211utah.org/) or call 211  
<https://jobs.utah.gov/assistance/index.html>

### Power & Gas Assistance

<https://www.utahca.org/heat/>

### Utah Department of Workforce Services Resources

[jobs.utah.gov/](https://jobs.utah.gov/)

### Food Resources, and Mobile Food Pantry Dates and Locations

<https://www.utahfoodbank.org/programs/mobile-pantry/>  
<https://www.utahca.org/nutrition/>