



At Home

Making the Most of Living in a Cowboy
Properties Community
Nov. 29, 2024

Help is Out There

Every week in our email we include resources for if you find yourself in need of assistance. We know that difficult life events can come on very unexpectedly. As soon as you know you might need help, start the process early. Today we're highlighting some of those resources.

[Salt Lake City Tenant Resource Center](#)

Get help with housing and learn about your rights as a renter. Visit the Tenant Information Portal to learn tips and best practices for renting.

[Utah Community Action](#)

Utah Community Action's mission is to empower individuals, strengthen families, and build communities through self-reliance and education programs. In addition to housing services and rental assistance, as well as utility assistance, they offer adult education classes, head start preschool and nutrition services.

[HEAT Utility Assistance](#)

HEAT offers yearly assistance for income-eligible households for power and gas bills. Clients are eligible once per season, which runs from October 1 – September 30. [Click here for contact information for your local HEAT office.](#)

[211 Utah/United Way](#)

The United Way can help connect you to a wide variety of resources, including rent assistance, utility assistance, food, jobs, clothing, transportation, mental health, legal assistance, healthcare and more. To learn more, call 211, text your zip code to 898-211, or download the 211 Utah app.

Department of Workforce Services

Workforce Services assists individuals in preparing for and finding jobs, meeting workforce needs of Utah businesses and administering temporary assistance.

Food Resources

There are a wide variety of food resources available throughout the state from food pantries to soup kitchens and food stamps/SNAP assistance. [FeedUT.org](#) can help find the relevant resources nearest to you. [SLCO.org](#) offers a list of food assistance resources. The Utah Food Bank has a [mobile pantry program](#) that provides food around the state.

Cowboy Pledge Update

Join us in December as we embrace the spirit of the Holiday season and invite you to share joy and make someone's day brighter through random acts of kindness.

Every act of kindness has the capacity to change someone's life. No act is too big or too small, so jump in and experience the power of kindness.

For ideas, please visit [randomactsofkindness.org](#).

Please share your experiences with us by sending them to cowboypledge@cowboyproperties.com. Send your stories to us by January 1st and you'll be entered to win a \$25 gift card!

Events of the Week

[Electric Light Parade](#)

Nov. 30, 5:30 PM

Ogden, Washington Blvd (20th - 29th Street)

The theme this year is "You Can Even Say It Glows."

Multiple lighting events are happening, including:
[Canyons Village, Park City \(Nov. 29\)](#)
[Millcreek Common, Millcreek \(Nov. 30\)](#)
[Draper Tree Lighting, Draper \(Dec. 2\)](#)
[Light the Heights, Cottonwood Heights \(Dec. 2\)](#)
[West Valley \(Dec. 2\)](#)

Assistance Resources

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with [Flex](#) to give you flexibility in how you pay your rent.

[Salt Lake City Tenant Resource Center](#)

[Power & Gas Assistance](#)

[Utah Department of Workforce Services Resources](#)

[General Assistance \(Utilities, Food, Housing\)](#)

utahca.org/housing/ or call (801) 359-2444

211utah.org/ or call 211

<https://jobs.utah.gov/assistance/index.html>

[Food Resources, and Mobile Food Pantry Dates and Locations](#)

<https://www.utahfoodbank.org/programs/mobile-pantry/FeedUT.org>