



At Home

Making the Most of Living in a Cowboy Properties Community
Feb. 7, 2025

Decadent Sweet Treats

Did you know that the heart-shaped box of chocolates was created by Cadbury in 1868? Check out these local treat shops for your Valentine's Day sweets.

[The Chocolate, A Dessert Cafe](#)

Locations in Orem and West Jordan

[Hatch Family Chocolates](#)

376 E. 8th Avenue, Unit A, SLC

[Tous Les Jours](#)

Locations in Salt Lake City and Midvale

[Kneaders](#)

Multiple locations locally.

[V Chocolates](#)

850 S Main Street, SLC

Chocolates are also available in local grocers.

[Paris Baguette](#)

950 E Fort Union Blvd, Midvale

[Chez Nibs](#)

212 E 500 S, SLC

[Ritual Chocolate](#)

2175 W 3000 S Suite 100, Heber

[Fillings & Emulsions](#)

1475 S Main St., SLC

[Bianca's La Petite French Bakery](#)

90 W Center Street, Provo

Tube In, Tube Out

Utah is the perfect setting for an exhilarating snow tubing escapade! Check out these local tubing hills.

[Woodward Park City](#)

9 AM - 7 PM Daily

3863 Kilby Rd, Park City

Woodward is the closest formal tubing location to Salt Lake and has both longer and shorter hills. Sessions are two hours long. They often sell out on weekends and holidays so book early to get your preferred dates or times. Warm up after tubing at their Indoor Action Sports Hub featuring trampolines, foam pits, mini ramps and more!

[Wasatch Parc](#)

Regular hours are 11 AM - 5 PM (10 AM - 4 PM Sundays). Closed Tuesdays and Thursdays.

3567 Nordic Valley Way, Eden

This bobsled-style track provides a unique tubing experience.

[Soldier Hollow Nordic Center](#)

10 AM - 8 PM Daily

2002 Soldier Hollow Lane, Midway

The longest tubing lanes in Utah are available in two-hour sessions.

[Gateway Parks](#)

Weekdays 2:15 PM - 9 PM, Saturday 9 AM - 9 PM, Sunday 12:30 PM - 5:54 PM

The Oaks at Spanish Fork (2300 E Powerhouse Rd, Spanish Fork)

Tubing in 1.5 hour sessions.

Events of the Week

[Salt Lake Winter Roundup](#)

Feb. 8

Downtown Salt Lake (West Temple between City Creek Center and Abravanel Hall)

The standout event is Skijoring, where skiers are pulled by horses on a snow-covered street.

[South Towne Bridal Show](#)

Feb. 8

Mountain America Expo Center (9575 S State St., Sandy)

Everything you need for your wedding in one place.

Assistance Resources

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with [Flex](#) to give you flexibility in how you pay your rent.

[Salt Lake City Tenant Resource Center](#)

[Power & Gas Assistance](#)

[Utah Department of Workforce Services Resources](#)

[General Assistance \(Utilities, Food, Housing\)](#)

utahca.org/housing/ or call (801) 359-2444

211utah.org/ or call 211

<https://jobs.utah.gov/assistance/index.html>

[Food Resources, and Mobile Food Pantry Dates and Locations](#)

<https://www.utahfoodbank.org/programs/mobile-pantry/>
FeedUT.org