



At Home

Making the Most of Living in a Cowboy Properties Community
March 7, 2025

Mastering Flavor

Want your home-cooked meals to taste like they just came from a 5-star restaurant? Take your kitchen game to the next level with a few simple tweaks that'll make your food pop like never before.

Upgrade Your Ingredients

If you're still using cheap ingredients, you're not going to get Michelin-star results. Get yourself the freshest produce you can find and invest in high-quality meats and oils. Trust me, your taste buds will thank you.

Season Like You Mean It

If you're still waiting until the end of cooking to toss in some salt, we need to have a talk. Season at every step. Layer those flavors—herbs, spices, citrus zest, garlic, and of course, salt at the right moments. Taste. Adjust. Repeat. Keep a variety of fresh herbs on hand, such as parsley, cilantro, basil, thyme, or dill.

Master Cooking Techniques

Searing creates a flavorful crust on meats, while deglazing (adding wine or broth to the pan) builds rich sauces. Blanching and shocking vegetables keeps them bright and crisp, and slow-cooking meats helps develop tenderness and depth of flavor.

Finish Strong

Throw in butter, oil or lemon at the end for a pro-level finish. That little extra kick takes your dish from 'meh' to 'wow.'

Cowboy Pledge Update

Thanks to everyone who joined us in February as we hosted a cookie decorating station at the Salt Lake County Parks & Recreation Valentine's adaptive dance. We had a ton of fun!

Join us in March as we collect books to benefit United Way of Northern Utah. United Way promotes ensuring every child has access to books in their home. Books must be in good condition. Books must be age-appropriate for children from infancy to adulthood. Books of a religious nature, adult romance novels or textbooks cannot be accepted (books that cannot be accepted will be donated to another non-profit).

Donations will be accepted through March 25. Look for the donation bin in your clubhouse or leasing office.

Join us on Thursday, March 27 at 6 PM at Liberty Sky (151 S State St., SLC), to help sort and pack donated books. To volunteer, call Cowboy Properties at 801-424-4400 or email us at cowboypledge@cowboyproperties.com. Parking is available on the nearby street or parking garage Northeast of the community. Parking reimbursement is available.

Events of the Week

[Salt Lake City Tattoo Expo](#)

March 7-9

Mountain America Expo Center (9575 State St., Sandy)

Over 500 world-class tattoo artists representing over 150 tattoo shops from around the world.

[Provo Women's Day](#)

March 8

A variety of events around the community to celebrate, including [The Eras Tour After Party](#).

Assistance Resources

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with [Flex](#) to give you flexibility in how you pay your rent.

[Salt Lake City Tenant Resource Center](#)

[Power & Gas Assistance](#)

[Utah Department of Workforce Services Resources](#)

[General Assistance \(Utilities, Food, Housing\)](#)

utahca.org/housing/ or call (801) 359-2444
211utah.org/ or call 211

<https://jobs.utah.gov/assistance/index.html>

[Food Resources, and Mobile Food Pantry Dates and Locations](#)

<https://www.utahfoodbank.org/programs/mobile-pantry/>
FeedUT.org