



At Home

*Making the Most of Living in a Cowboy
Properties Community
April 10, 2026*

April Ascents

Cancel your couch and get out on the trail. While the snow melts at the upper elevations, check out these lower elevation hikes for spring.

[Ensign Peak](#)

A classic one-mile hike with an amazing view of the valley. The well-marked trail head is located above the Capitol at 164 Ensign Vista Dr. (Salt Lake City).

[Living Room Trail](#)

It's called The Living Room because the rocks have been arranged to resemble living room chairs. This is a great place to watch the sunset from. The moderate hike is 2.5 miles round trip. The trail begins at the top of the University of Utah's Research Park, 383 Colorow Rd.

[Lagoon Trail](#)

The trail follows Farmington Creek through a forest while skirting along the back of Lagoon amusement park. Round trip the trail is 2.6 miles and is also good for biking. Access the trail from Ezra T. Clark Park (400 W State Street, Farmington).

[Bear Canyon Suspension Bridge](#)

The bridge spans 185 feet across Bear Canyon and connects the Bonneville Shoreline Trail. Find the trail at Orson Smith Park (12625 Highland Dr., Draper).

[Jungle Trail](#)

This kid-friendly trail in Corner Canyon Regional Park has logs to climb over, stumps to hop on and forts to hide in. (13625 Carolina Hill Ct. E, Draper)

Monkey Bars & Mayhem

Local playgrounds are the perfect place for kids to climb, slide, explore, and burn off some serious energy while also enjoying little fresh air. Check out these options.

[North Cottonwood Commons Park](#)

550 Innovator Dr, Farmington

[Wardle Fields Regional Park](#)

14148 South 2700 West, Bluffdale

[Wheadon Farm Regional Park](#)

13965 S Bangerter Parkway, Draper

[Jurassic Jungle](#)

Thanksgiving Point (2929 N Thanksgiving Way, Lehi)

[Union Park](#)

7360 S 700 E, Midvale

[Lodestone Park](#)

6252 W 6200 S, Kearns

[Sierra Newbold Playground](#)

Ron Wood Park (5900 New Bingham Hwy, West Jordan)

[Wild West Jordan Playground](#)

8000 S Redwood Rd, West Jordan

[Wines Park](#)

100 E 600 N, Lehi

[All Together Playground](#)

200-298 E 100 N, Orem

Events of the Week

[2026 Reptilian Nation Expo](#)

April 11-12

Mountain America Expo Center (9575 State St., Sandy)

Reptiles, amphibians, arachnids and more!

[Earth Day: Roar & Restore](#)

April 11, 10 AM - 4 PM

George S. Eccles Dinosaur Park (1544 Park Blvd, Ogden)

Curated tours, activities, arts and crafts, live music.

Assistance Resources

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with [Flex](#) to give you flexibility in how you pay your rent.

[Salt Lake City Tenant Resource Center](#)

[Power & Gas Assistance](#)

[Utah Department of Workforce Services Resources](#)

[General Assistance \(Utilities, Food, Housing\)](#)

[Utah Community Action](#) or call (801) 359-2444 [211utah.org/](#) or call 211

<https://jobs.utah.gov/assistance/index.html>

[Food Resources, and Mobile Food Pantry Dates and Locations](#)

<https://www.utahfoodbank.org/programs/mobile-pantry/>
[FeedUT.org](#)